

THIS MINUTE

YOU WANT TO KNOW ABOUT...

Kerry's Sexy Weight Gain

How **Washington** added curves to portray a would-be seductress

Kerry Washington is tired of playing the good wife. "I'm always the woman whose husband is sleeping around," the star of *Ray* and *The Last King of Scotland* tells *Us*. "I can't do that anymore. I need to be one of those other girls!" She's getting her wish in the comedy *I Think I Love My Wife* (out March 16), in which she plays a vixen who tempts a married father of two (played by **Chris Rock**, who wrote and directed the film). The New York City native, 30 — who recently split with actor fiancé **David Moscow** — tells *Us* how she prepped to play a sexpot.

Q: Did you lose a little weight for the role?

Actually, Chris had me *gain* weight. He wanted that va-va-voom. I don't know how much, though. I don't weigh myself. My trainers just had me focus on being muscular. And I took a little more freedom with food.

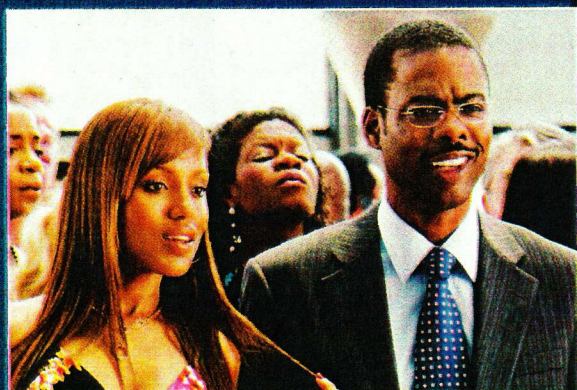
Q: What does your workout consist of?

Mostly just cross-training, a lot of cardio work and strength-training. I have a trainer on each coast. They are like my bicoastal gods of health.

Q: You're newly single. Anyone special in your life these days?

It's a little soon for that!

BRADLEY JACOBS



Washington (left, with Rock) tells *Us*, "I can't believe how sexy I look in this movie!"



Washington regularly downs trainer David Kirsch's chocolate protein shakes for breakfast.

She tells *Us*, "I feel like I'm cheating because I start off the day with dessert!"

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